



MY-SSAGES

Beaver Run Signature My-Ssage

Our experienced Therapists will partner with you to build your unique therapeutic journey. We blend long strokes with gentle kneading, at light to moderate pressure, and incorporate our Beaver Run Signature Oil.

Your time with us can be reserved in 50 or 80 minute increments.

Time for Two-Ssages

Please call for additional availability

Together you can enjoy our comfortable room for two.

Your shared time with us can have any Enhancement added. Choose what suits you best.

ENHANCEMENTS to our Signature My-Ssage or Time for Two-Ssages

Hot Stone

Utilizes rounded hot stones to deliver soothing stress relief to tired, overworked muscles.

Deep Remedy and Sport

Firm to Deep targeted pressure to alleviate tension and unwind beaten up and bound muscle fibers.

Mountain Mama**

Alleviates stress specific to the pregnant woman's body, utilizing prenatal cushions for a face down experience, if desired. Recommended for moms past their first trimester.



CranioSacral Therapy

Specialty Service. Please Call for availability

A deeply relaxing and gentle modality that mobilizes cerebral-spinal fluid surrounding the central nervous system and encourages nutrient exchange around the brain, spinal cord and tailbone.

Cupping Therapeutic Release

Specialty Service. Please Call for availability

Instead of pushing as in traditional massage, cupping pulls the layers of skin and muscle to offer relief and to increase circulation.

Ashiatsu - Deep Foot Therapy

Specialty Service. Please Call for availability

Our therapists provide deep, consistent pressure with their bare feet by utilizing bars and body weight.

Essential Journey

We custom blend a 2oz aroma remedy. This is used in treatment with the remaining blend packaged to-go, allowing you to continue the aromatic journey at home.

Colorado CBD

CBD is federally legal in all States and is widely used for many purposes. Our organic and Colorado grown CBD is topically used in your massage with the intention of reducing anxiety, pain and inflammation.

In-Room Service

Specialty Service. Please Call for availability

Massage treatments brought to you, in the comfort of your own Suite here at Beaver Run Resort.

FACE-SHL

Beaver Run Signature Love My Face-shl

In depth consultation with our experienced estheticians who will customize and design our products and facial protocols to suit your skin type and specific areas of need, utilizing clean skincare products free of parabens and other known toxic binders.

Your time with us can be reserved in 50 or 80 minute increments.

ENHANCEMENTS to our Love My Face-shl

Hydration Repair

Advanced cosmeceuticals with natural fruit acids antioxidants, vitamins, and a wide variety of potent botanical extracts to gently exfoliate dead skin cells and infuse skin with key hydration. Excellent for all skin types.

Firming, Lifting and Tightening

Perfect facial for mature skin and environmental stress, this facial is designed to restore elasticity and significantly reduces fine lines and

wrinkles. A multi-layered skin revival plumps, hydrates, and stimulates collagen production to include exfoliation, custom vitamin infusion, mask and deep hydration.

Clarifying

Designed for those who suffer from acne skin conditions, this treatment includes a pore refining cleanser, dermasystem exfoliation, toner, polish to improve skin clarity, a custom antioxidant serum and gentle moisturizer to hydrate and soothe.

Anti-oxidizing Vitamin C, Lightening and Brightening

Includes advanced forms of vitamin C as well as antioxidants and plant extracts to brighten, improve tone and texture, leaving your skin radiant and fresh.

Detox

Heal and recover from environmental pollutants and blue light contamination from cell phones and computers.

the spa
AT BEAVER RUN

Spa Services Menu
SpaAtBeaverRun.com
970.453.8757

VICHY-SSAGE

Choose from one of our four treatments in our Vichy Shower Suite including skin smoothing exfoliation and a deeply nourishing body mask; leaving your body feeling clean, soft and vibrant. We follow this Shower Therapy with a deep hydration of your choice.

Your time with us can be reserved in 45 or 75 minute increments.

45 min | \$145 ♦ 75 min | \$205



Balance

Dry Exfoliation, Lavender Sugar Scrub, Rose Clay Mask and Hydration of choice

Glow

Dry Exfoliation, Dead Sea Salt Scrub, Baltic Mud Mask, and Hydration of choice

Detox

Dry Exfoliation, Ginger Lime Scrub, Seaweed and Peppermint Mud Mask, and Hydration of choice

Toning and Firming Treatment +\$45/guest

Brown Sugar Scrub, Seaweed and Peppermint Mask, Organic Body Firming Serum with Hydration of choice. Offering a 4.2 oz Body Firming Serum to take home for post-treatment follow up.

EXTRA ELEMENTS*

Customized additions to any My-Ssage, Face-shl or Vichy

**Must be booked with service.*

No time added

Sinus Tension Renewal

Open sinus and nasal passages with warm compresses, pressure point massage and essential oils

Eyes See You Renewal

Eye mask, vibration, product enhancements targeting puffiness, discoloration and fine lines.

Lips Tell the Truth Renewal

Polish, Mask and Hydrate with Facial product enhancements addressing dry, cracked, over-exposed lips and fine lines.



15 minutes added to treatments

CRANI-AHHHHHH

Warm oil scalp and head massage, using organic Argon oil. The name says it all!-Ahhhhhh

Hand me Your Hands Therapy

Gently exfoliating polish, warm compresses and Hand Emollient for deep moisturizing and nurturing.

Aching Feet No More

Exfoliation, warm compresses, deep massage up feet and calves.

30 minutes added to treatments

Facelift Massage

This lifting, sculpting, and firming process assists collagen production. The treatment is perfect for special events and photos and in place of a face-shl.

OXYGEN BAR

Assist your body with acclimation and enhance quality of sleep by enjoying our purified oxygen inhaled with or without aromatherapy.



Tens of Oxygen

Enjoy a quiet moment filled with oxygen. \$2/minute in Relaxation Lounge, in 10 minute increments.

Oxygen Too

Add oxygen before, after or during any of our spa services and receive a special savings.

\$1.50/minute in 30, 50 or 80 minute increments with appointments.

I LOVE MY LIFE! SPA PACKAGES

Make a day of it and pamper yourself for an extended time by creating a package perfect for you. We look forward to assisting your multi-service booking and are happy to offer additional savings.

My Package

Take advantage of a complimentary Renewal Element (\$20 value) with packages exceeding 130 minutes per guest, and receive 10% savings.



Please call 970.453.8757 or see website SpaAtBeaverRun.com for current hours of operation.

Booking Necessities

To create a reservation please call or book online.

To ensure your preferred time and services are available, advanced booking is advised.

All spa reservations will be confirmed with a credit card.

Please arrive at least 15 minutes prior to your appointment to relax and complete a client intake form before your appointment. The Pool Deck featuring salt/mineral pool and two hot tubs are available pre and post treatment. Note that our water lounge is coed; please bring your bathing suit.

Children under 16 are permitted when accompanied by adult during treatment and the relaxation and pool areas.

Cancellations

If you need to reschedule or cancel your appointment, please notify the spa at least 24 hours in advance to avoid being charged the full-service fee.

Location

Ground Level of Building One at Beaver Run Resort

More Information

Please feel free to call, our concierges are happy to assist you.

The Spa reserves the right to decline service with charge to individuals who are intoxicated, unsanitary or inappropriate as these conditions are unsafe for our environment.

***Service, Enhancement or Extra Element not recommended for our Mountain Mamas*